

# Playtime...

It's Great to Be a Kid...



You Get to Play and Play and Play...

1. Play is a lot of fun- everyone loves to play, even adults
2. Did you know that play is a great way for kids to learn new things:
  - ◆ Blocks are a great way for kids to explore the effects of gravity
  - ◆ Scribbling and drawing teach kids muscle control
  - ◆ Playing catch helps kids to learn eye-hand coordination
3. Playing with others is also important- it helps kids learn about things like how to get along with each other and how to problem solve
4. There are several different types of play that your child will benefit from:
  - ◆ **Solitary Play:** playing alone- reading, drawing, working on puzzles
  - ◆ **Parallel Play:** children play next to each other doing their own thing- one kid makes a castle in the sand while the other kid makes pies
  - ◆ **Cooperative Play:** children play together- pretending, board games
5. Remember, playing should be fun and exciting- help your child to learn in this fun and creative way

